

Parents of St. Monica Parish are invited to attend a special presentation

## “Troubled Waters- Navigating the Adolescent Years”

With featured speaker  
Brian Fidlin, PsyD  
Program Director for NEW Kids at  
Children’s Hospital of Wisconsin and  
Assistant Professor, Medical College of Wisconsin

Wednesday, March 25<sup>th</sup>  
7:00-8:30pm  
Donovan Hall, St. Monica Parish

Dr. Brian Fidlin has a unique way of helping parents gain a better understanding of their adolescents and the issues that adolescent's face. He will be presenting a straight-forward discussion of adolescent brain development and the impact that this has on decision making, their emotions, and risk taking. Special emphasis will be placed on a discussion of current trends in adolescent substance abuse including warning signs that your child may be having problems and may be in need of professional help.

If you would like to attend, please RSVP to the school office at 332-3660.  
This presentation is intended for parents only.