

Holy Family Guardian Angel 5K Run/Walk



Memorial Day - May 25, 2009 9:30am

Holy Family Parish / 4825 N. Wildwood Ave. / Whitefish Bay, WI

**GUARDIAN
ANGEL
RUN**

_____ Individual (5K Run/ Walk): \$15 until May 18 / \$20 after May 18. Limited number of shirts.
Post race cookout and lots of children's activities.

_____ Children's Fun Run: Ages 9 and under, to be held at about 10:30am. Parent/Guardian please complete entry form and sign release.
Suggested Donation \$5.

Please Print

Name _____ Age (on race day) _____

Street Address _____ Circle one: Male / Female

City/State/ZIP _____

Phone (____) _____

Adult T-shirt Size (circle): S M L XL Children T-shirt Size (circle): M L

Release & Indemnification Agreement

The Holy Family Guardian Angel Run/ Walk involves running and walking—activities that may include risks such as, but not limited to, falls, interaction with other participants, effects of weather, traffic and conditions on the road. In consideration of being allowed to participate in this event, I hereby expressly assume all risks, including personal injury and death, arising in any way out of my participation in the event and related activities. It is my responsibility to dress appropriately. Although route maps, rest stops, refreshments and other assistance may be available during this event, I am solely responsible for my own health and safety. I represent and warrant that I am physically fit and able to participate in this event and I agree to stop and request assistance if I experience any symptoms such as, but not limited to, dizziness, excessive fatigue, shortness of breath, pain or any other conditions that would make it difficult or unsafe to continue. I agree for myself, my heirs, executors and administrators, to not sue and to release, indemnify and hold harmless, Holy Family Parish and School, their affiliates, officers, directors, volunteers and employees, and all sponsoring businesses and organizations and their agents and employees, from any and all liability, claims and causes of action whatsoever, arising out of my participation in this event and related activities—whether it results from the negligence of any of the above or from any other cause. This release and indemnification agreement shall be as broad and inclusive as is permitted by the State of Wisconsin. If any portion of it is held invalid, the balance shall continue in full force and effect. I have read, understand and agree to these terms.

Participant's Signature _____

Parent/ Guardian Signature (if under 18) _____

Complete and mail with check payable to:

Holy Family Parish School
4825 N. Wildwood Ave.
Whitefish Bay, WI 53217



Race Starts on Wildwood in Whitefish Bay. One block north of Hampton.

*** For multiple registrations, please fill out separate forms and mail with one check payable to Holy Family.**

*Additional information
and registration forms
can be found at the
Holy Family websites:
www.hfparish.org
www.hfparishschool.org*