

Character Development

September's character trait is - Adaptability



**Adaptability means being open to ANY new challenge or changing situation, regardless of your background and skills, and refusing to presume it's something you can't handle, or won't like.

**Being adaptable is more than just saying "yes" when offered a new challenge, it also means striving for excellence every step of the way.

**Another term for adaptability is "flexibility".

*As we start off this new school year, ask yourself how you can become more adaptable to the changes that may come your way!

Look for the list of Adaptable students in October's Weekly Reminder!

Parents, please check out my staff page for weekly updates on the "goings on" in Guidance!

http://www.st-monicaschool.org/staff/staff_page.php?sid=1