A family-friendly 5k fun walk that ends with interactive activities including music, art, theatre, yoga and more!

Sunday October 24th
9am – 3pm (walk starts at 10am!)
Alverno College in Milwaukee

All proceeds support the NORMAL in Schools nonprofit which educates about body image, self esteem and family communication through the visual and performing arts.

Come learn healthy ways to express yourself while having a blast! Bring along friends, family or form a team for a great morning of fun.

- **Students! Form a team to show your school spirit! Prizes offered for most creative display of positive self esteem!**
- **Teachers! Inspire service learning and have kids teach others about self esteem!**
- **Families! Have fun walking together and exploring exciting activities!**

Individuals, groups and families can register to participate in the fun 5k walk (save $ and register before October 15!) by visiting www.normalinschools.org.

Get involved today by e-mailing Deanna@normalinschools.org.