



*“Educating and preparing girls for  
a lifetime of self-respect and healthy living”*

**Join us at Glenhills middle school  
every Tuesday and Thursday  
beginning March 23rd to June 3rd  
from 4-5:15pm**

Girls on the Run inspires 3rd through 5th grade girls to stay true to themselves and live free from societal stereotypes. The 10-week after-school curriculum trains girls for a 5k run with lessons that help them celebrate their bodies, honor their voice, and embrace their gifts

Come join us! We look forward to seeing your daughter!

For registration details contact Nate at 414-351-7568 or visit the rec department website  
<http://www.nicolet.k12.wi.us/activities/recreation.cfm>

Visit our website to see more information on Girls on the Run!

[www.gotr-milwaukee.org](http://www.gotr-milwaukee.org)

[www.girlsontherun.org](http://www.girlsontherun.org)