








































St. Monica Catholic School Lunch Menu



January
2012

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|---|
| 2  | 3 Welcome back to 2012 Oven Baked  Chicken Nuggets Mixed Vegetables Sliced Whole Grain Bread  | 4 Mini Turkey Corn Dogs  Cooked Carrots *Pretzels* | 5 Breakfast Stacker (Pancakes, Turkey Sausage) Clementine  | 6 BEAN DAY Homemade Cheese Pizza Three Bean Salad Sliced Whole Grain Bread  |
| | Alternative Entrée(s) Hot Dog on a Bun | Alternative Entrée(s) Tony's Cheese Pizza | Alternative Entrée(s) Chicken Caesar Salad | Alternative Entrée(s) Oven Baked Chicken Nuggets |
| 9 Roasted Beef Hot Dog on a Bun Tator Tots | 10  Chinese Chicken With Rice  Tossed Lettuce Salad *Fortune Cookie* | 11 Beefsteak in Gravy  Mashed Potatoes Cooked Peas Wheat Dinner Roll  | 12 Chicken Patty on a Whole Grain Bun  Squash  | 13 FRIDAY THE 13TH Mozzarella Pizza Dippers  Dipping Sauce Italian Blend Vegetables |
| Alternative Entrée(s) Yogurt Pak | Alternative Entrée(s) Hot Dog on a Bun | Alternative Entrée(s) Tony's Cheese Pizza | Alternative Entrée(s) Chicken Caesar Salad | Alternative Entrée(s) Oven Baked Chicken Nuggets |
| 16 Beefy Burrito Whole Kernel Corn Sliced Whole Grain Bread | 17  Beefy Nachos with Cheese Sauce Green Beans | 18 WINNIE THE POOH DAY  Homemade Patty Melt  Italian Lettuce Salad | 19 NATIONAL POPCORN DAY Orange "Popcorn" Chicken  (Sauce Optional)  Steamed Brown Rice Oriental Vegetables | 20 11:30 Dismissal  |
| Alternative Entrée(s) Yogurt Pak | Alternative Entrée(s) Hot Dog on a Bun | Alternative Entrée(s) Tony's Cheese Pizza | Alternative Entrée(s) Chicken Caesar Salad | |
| 23 French Toast with Syrup Omelet  Tropical Fruit Salad | 24  Sloppy Joe on a Whole Grain Bun  Mixed Vegetables | 25  Baked Potato with Diced Chicken  Broccoli with Cheese Sauce Sliced Whole Grain Bread  | 26  Toasted Turkey Ham and Cheese Sandwich  Tomato Soup Saltine Crackers | 27 NO School  |
| Alternative Entrée(s) Yogurt Pak | Alternative Entrée(s) Hot Dog on a Bun | Alternative Entrée(s) Tony's Cheese Pizza | Alternative Entrée(s) Chicken Caesar Salad | |
| 30 Catholic Schools Week  Chicken Tenders Brown Rice with Gravy  Tossed Salad | 31 Tony's Pepperoni Pizza  Whole Kernel Corn Sliced Whole Grain Bread  | <div style="border: 2px solid blue; padding: 5px;"> <p style="text-align: center; font-weight: bold; font-size: 1.2em;">JANUARY</p> <p style="text-align: center; font-weight: bold;">HARVEST OF THE MONTH</p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  Clementine </div> <div style="text-align: center;">  Brown Rice </div> </div> <div style="display: flex; justify-content: space-around; margin-top: 5px;"> <div style="text-align: center;">  Acorn Squash </div> <div style="text-align: center;">  Brown Rice </div> </div> </div> |  FRUIT & VEGETABLE BAR Fresh vegetables plus fresh and canned fruits are available daily with lunch from the Fruit & Vegetable Bar. | <div style="border: 1px solid black; padding: 10px; background-color: #fff9c4;"> <p style="text-align: center;"><i>Free & Reduced-meal forms can be obtained from all building offices at any time throughout the school year.</i></p> </div> |
| Alternative Entrée(s) Yogurt Pak | Alternative Entrée(s) Hot Dog on a Bun | | | |

-  Prepared From Scratch
-  Contains Pork
-  Whole Grain Item
-  USDA Food
-  Farm to School Item
-  Harvest of the Month




 Agriculture employs more than
 24 million American workers
 (17% of the total U.S. work force).


 Today's American farmer feeds
 about 155 people worldwide.
 In 1960, that number was 25.8.

LUNCH PRICES

| | |
|-----------------|--------|
| Elementary | \$2.50 |
| Reduced | \$0.40 |
| Extra Entrée | \$1.50 |
| Additional Milk | \$0.35 |
| Adult | \$2.90 |

Menus are subject to change without notice.

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

 **Milk Choice of 1%, Skim and Skim Chocolate is included with Lunch**

For additional information, contact:
 Lori MacGregor - Monte
 414-351-6595
www.taher.com/schools/northshore/home.htm