



St. Monica Catholic School Classic Cafe Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Catholic Schools Week Oven Baked Chicken Nuggets Cooked Carrots Sliced Whole Grain Bread	2 GROUND HOG DAY Hard Shell Tacos with Shredded Cheese, Lettuce and Salsa Whole Kernel Corn	3 All Beef Hot Dog on a Bun Tator Tots	4 French Toast with Syrup Warm Sliced Turkey Ham	5 SUPER BOWL XLIV this Sunday Super Bowl Burger on a Wheat Bun Goal Post Sweet Potato Fries *Extra Point Ice Cream Cup*
ALTERNATIVE ENTRÉE Grilled Chicken on Wheat Bun	ALTERNATIVE ENTRÉE All Beef Hot Dog on a Bun	ALTERNATIVE ENTRÉE Chef Salad	ALTERNATIVE ENTRÉE Crispy Chicken Wrap	ALTERNATIVE ENTRÉE Cheese Pizza
8 Mozzarella Pizza Dippers with Pizza Sauce Mixed Vegetables Sliced Whole Grain Bread	9 Beefy Chili with Shredded Cheese Oyster Crackers Tossed Lettuce Salad	10 Sliced Deli Turkey Wrap Chicken Noodle Soup *Chips*	11 Antique Show Set Up Grades K5-4 bring Bag Lunch in the Classroom Grades 5 - 8 Pizza Lunch in the Classroom	12 Antique Show Set Up Grades K5-4 Pizza Lunch in the Classroom Grades 5-8 bring Bag Lunch
ALTERNATIVE ENTRÉE Grilled Chicken on Wheat Bun	ALTERNATIVE ENTRÉE All Beef Hot Dog on a Bun	ALTERNATIVE ENTRÉE Chef Salad		
15 Celebrate Valentines Day! Heart Shaped Chicken Nuggets Cupids Corn Sweetheart Roll "Valentine Cookie"	16 Beefy Nachos with Cheese Sauce Green Beans Star Fruit	17 Ash Wednesday Rice Bowl	18 Baked Potato with Diced Ham, Sour Cream and Cheese Sauce Steamed Broccoli	19 Bagel with Cream Cheese Sliced American Cheese Yogurt Cup
ALTERNATIVE ENTRÉE Grilled Chicken on Wheat Bun	ALTERNATIVE ENTRÉE All Beef Hot Dog on a Bun		ALTERNATIVE ENTRÉE Crispy Chicken Wrap	ALTERNATIVE ENTRÉE Cheese Pizza
22 Tony's Cheese Pizza Cooked Peas	23 Popcorn Chicken Steamed Rice Chicken Gravy Sunchoke Sliced Whole Grain Bread	24 Waffles with Syrup Omelet with Cheese *Donut Holes*	25 11:30 Dismissal	26 No School
ALTERNATIVE ENTRÉE Grilled Chicken on Wheat Bun	ALTERNATIVE ENTRÉE All Beef Hot Dog on a Bun	ALTERNATIVE ENTRÉE Chef Salad		
FEBRUARY HARVEST OF THE MONTH Star Fruit Sunchoke Rice	American Heart Month			Free & Reduced-meal forms can be obtained from all building offices at any time throughout the school year.

- Prepared From Scratch
- Contains Pork
- Vegetarian Entrée
- Harvest of the Month

NEW

Make sure that you join us for the fun Super Bowl and Valentine's Day lunches. Try the Baked Potato and the Chicken Parmesan for something different!



FOOD 4 Thought

DOUGHNUTS

In the beginning, doughnuts were made of raised dough, and a nut was baked into the center. That is how the word "doughnut" came about! The doughnut was one of New England's earliest sweets, although it did not originate in New England.

LUNCH PRICES

Elementary	\$2.35
Additional Entrée	\$1.25
Reduced	\$0.40
Additional Milk	\$0.35
Adult Lunch	\$2.75

Menus subject to change without notice.

Milk Choice of Skim, 2% and 1% Chocolate is included with Lunch

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To check the balance in your account or for additional information, contact:
Lori MacGregor - Monte
414-351-6595
www.taheer.com/schools/northshore/home.htm