

More Scratch Cooking!



We will be adding more new entrees, salads and sandwiches made from scratch on our menus. Offering alternate choices gives parents peace of mind that their student will find an entree that they will enjoy, and allow us to introduce new recipes to students.

The following list will help to give you an idea of what some of the new items in September may contain. For additional item information, please checkout our website (www.taher.com/schools/northshore/home.htm).

As always, please feel free to call the food service office (351-6595) with any questions. Thank you!

Potato Ole's = a sweet potato tator tot with a slightly hot seasoning

Italiano Stromboli = pizza dough filled with low fat cheese and pepperoni topped with olive oil and Italian herbs

Turkey Tetrizzini = a simple pasta and turkey casserole type dish that uses a light cream sauce

Eggs Benedict = an old breakfast favorite prepared on an English muffin topped with turkey ham and an egg patty . A light butter sauce (Hollandaise) is served on the side

BBQ Chicken Legs = fresh chicken legs baked and topped with (optional) BBQ sauce

Turkey Hot Pocket = lean turkey breast, broccoli and low fat cheese in a pocket made from pizza dough

Yogurt Pak = a favorite at some schools last year; all bagged up to "Grab n' Go" is yogurt, cheese stick, cream cheese and a fresh bagel

Broccoli Salad = fresh broccoli coated with a light, sweet low fat mayonnaise based dressing

Popeye Salad = fresh spinach topped with a tangy light dressing